

# E. Barrie Kavasch

## *Dream Catcher*

Dream Catchers have always inspired me. I've woven many hundreds of these beautiful items and taught classes in weaving dream catchers in schools, museums, environmental centers, and botanical gardens around the country. So I was happy to see this developed into a charming book.

We all dream - every day and night - whether we catch them or remember them. A dream catcher helps protect you for good dreams as an amulet to capture bad dreams, which are easily eliminated in first light and even with Prayers.

Dream Catchers help us tell our own stories, while also weaving in various older stories and songs. Dream Catchers also inspire more personal stories and make precious gifts to inspire attention to dreaming and catching special dreams.

Spiders first taught us how vital the dream catchers are. Cherokee, Iroquois, Lakota, Zuni, and other American Indian artists have given us greater inspiration to continue this vital weaving of dream catchers in earrings, necklaces, baby's crib blessings, even large space guardians, and more...

You can never have too many dream catchers.

